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LASIK

Summary

LASIK (Laser-Assisted in-Situ Keratomileusis) is a type of refractive surgery used to correct vision. It can reduce or eliminate the need for glasses or contact lenses by treating nearsightedness (myopia), farsightedness (hyperopia), and astigmatism. LASIK works by reshaping the cornea so light focuses properly on the retina. Determining if you are a good candidate is the most important step, and a comprehensive evaluation is required to ensure safe and effective results.

What is LASIK?

LASIK is a laser vision correction procedure that improves how your eye focuses light. It is one of the most commonly performed elective eye surgeries and is designed to help patients see more clearly without relying on glasses or contact lenses.

How does LASIK work?

LASIK works by changing the shape of the cornea, allowing light entering the eye to properly focus on the retina. The procedure is completed in two main steps:

- **Step One:** A thin flap is created on the surface of the cornea
- **Step Two:** The underlying corneal tissue is gently reshaped using a laser

This reshaping improves how light is focused, resulting in clearer vision.

What vision problems can LASIK treat?

LASIK is commonly used to correct:

- Nearsightedness (myopia)
- Farsightedness (hyperopia)
- Astigmatism

Am I a good candidate for LASIK?

Not everyone is a candidate for LASIK, which is why a thorough evaluation is essential. The first step is a free LASIK screening, which we offer daily, to determine if you are a good candidate. Good candidates typically have:

- Healthy eyes with no underlying conditions
- A stable vision prescription
- Adequate corneal thickness
- Realistic expectations about outcomes

If the screening indicates you are a good candidate, the next step is a consultation appointment.

What should I expect during a consultation?

Your LASIK consultation includes a comprehensive eye exam and detailed measurements to assess your candidacy. During your visit, we will:

- Evaluate your overall eye health
- Review your vision history
- Discuss your lifestyle and visual needs
- Explain the procedure, risks, and expected outcomes

At Ighani Eye Care, **Dr. Ighani personally meets with each patient** on the day of surgery to carefully evaluate their eyes and determine if LASIK is the right option. If LASIK is not the best option for you, we will recommend alternative solutions to help you achieve the best possible vision.